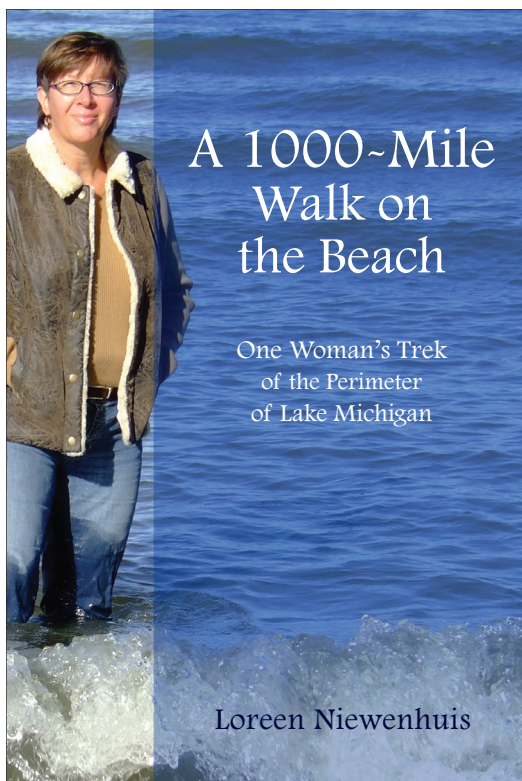


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BOOK SUMMARY

In 2009, Loreen Niewenhuis walked completely around Lake Michigan. This book chronicles that journey, a 1,000-mile walk around the world's fifth-largest lake.

The book explores both the geology of the lake and the measure of a person—a woman, married, mother of two sons (who joined her for portions of the walk). But most of the walk was done solo, an adventure in discovery of self and place.

Niewenhuis conveys a sense of the magnitude of the lake she loves, a place so elemental to the states which form its shores.

Day by day, from a ground-level perspective, the book explores the natural and human history of Lake Michigan . . . and raises important questions about preserving our wild places and protecting fragile ecosystems on which we all depend.

In her walk, Loreen Niewenhuis accomplished what many of us have only daydreamed about. Her adventure is told with verve and boldness, and she is a clear-eyed observer of the lake and its beautiful and sometimes ravaged shore.

This book is a welcome addition to the literature of the Great Lakes.

– Jerry Dennis, author,
The Living Great Lakes

A 1,000-Mile Walk on the Beach

One Woman's Trek of the Perimeter
of Lake Michigan

by Loreen Niewenhuis

Crickhollow Books

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AUDIENCES & THEMES

Great Lakes Ecology & Environmental Issues · Women's
Adventure/Walking · Lake Michigan Places, Towns,
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LOREEN NIEWENHUIS has lived in Michigan for most of her life. Her previous writings have been published in literary journals, including the *Antioch Review* and *Bellevue Literary Review*. Her short-story collection, *Scar Tissue*, was a finalist in the 2009 Flannery O'Connor Award for Short Fiction.

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